

CATCH Implementation Funds Grant

The *Community Access to Child Health Implementation Funds* program supports pediatricians in the initial and/or pilot stage of developing and implementing community-based child health initiatives that increase access to medical homes or health services not otherwise available. Grants of up to \$12,000 are awarded to *pediatricians* each year on a competitive basis.

CATCH Planning Funds Grant

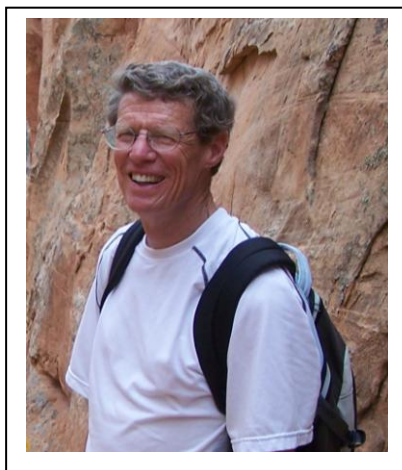
The *Community Access to Child Health Planning* grant provides from \$2,500 to \$12,000 to *pediatricians* to develop innovative, community-based initiatives that increase children's access to medical homes or to specific health services not otherwise available.

CATCH Resident Funds Grant

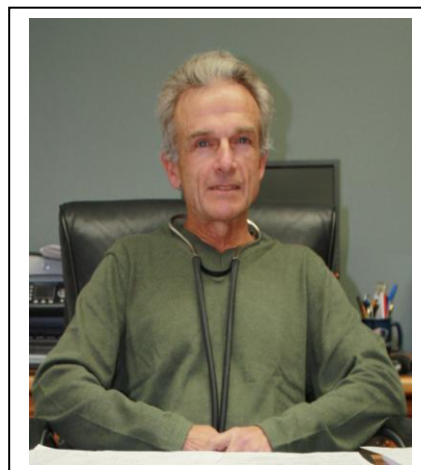
The *Community Access to Child Health Resident* grants support *pediatric residents* in the planning and/or implementation of community-based child health initiatives. Grants of up to \$3,000 are awarded twice each year on a competitive basis for pediatric residents to address the needs of children in their communities.

CALL FOR PROPOSALS, eligibility, guidelines, planning resources, and the online application are at (<http://www.aap.org/catch/funding.htm>). An interactive database of previously funded projects will give you an idea of the kind of projects **CATCH** is looking for: it is available at (<http://www.aap.org/commpeds/grantsdatabase/>). It's also possible to get good assistance from the **CATCH** staff at AAP headquarters, at 800/433-9016.

Want to discuss your ideas or need help with proposal development?



“For projects in the Santa Fe or Albuquerque area, contact me, Dr. Lance Chilton, at lancekathy@gmail.com.”



“For projects outside of the Santa Fe or Albuquerque area, contact me, Dr. Richard Diedrich, at rgdied@yahoo.com.”

A list of all New Mexico CATCH planning, CATCH implementation, and CATCH resident projects undertaken and funded in the past are as follows:

CONGRATULATIONS TO OUR NEW CATCH AWARDEES!

Project Title: Together Changing Our Story
City, State: Shiprock, NM
Year (start of the project): 2011; Planning Grant
Awardee: Jeffrey Powell, MD, MPH jeffrey.powell@ihs.gov

Project Title: School Gardens for Health
City, State: Albuquerque, NM
Year (start of the project): 2011; Resident Grant
Awardee: Nathaniel Link, MD nate.link@gmail.com

Project Title: Seeking the Hidden: Albuquerque's Homeless Children
City, State: Albuquerque, NM
Year (start of the project): 2010; Planning Grant
Awardee: Holly Nelson, MD cameroonnelsons@aol.com

Project Title: Wellness and Health in Zuni Kids (WHIZ-Kids): Zuni Community Health Center
City, State: Albuquerque, NM
Year (start of the project): 2010; Planning Grant
Awardee: Mary Ramos, MD mramos@salud.unm.edu

Project Title: Wellness and Health in Zuni Kids (WHIZ-Kids): Zuni Community Health Center
City, State: Zuni, NM
Year (start of the project): 2010; Implementation Grant
Awardee: Thomas Faber, MD Thomas.faber@ihs.gov

Program Description: Children living in the Zuni Pueblo are at extremely high risk for obesity, diabetes, alcoholism, suicide, teen pregnancy and other problems which are often rooted in bad habits and low self esteem. The mission of The Zuni Youth Enrichment Project (ZYEP) is to help reverse these harmful trends by providing kids with opportunities to participate in enriching, educational, and empowering physical activities which promote healthy lifestyles and self esteem. Thanks in part to a 2007 CATCH Planning grant, ZYEP has established an impressive coalition of community partners and together we have developed a tremendously successful annual summer camp. For most Zuni kids, this camp is the only opportunity they have to participate in organized physical activities, connect with Zuni traditions, and learn empowering new skills. The CATCH Implementation funds are being sought so that ZYEP can build upon the momentum from the summer and develop a series of coordinated activities occurring over the fall and winter of 2010 that continue to promote the health and wellness of Zuni Kids. WHIZ-Kids will develop several Zuni soccer teams, continue archery, swimming, and outdoor education and will continue to work with adolescent summer camp counselors to promote their academic development.

Projects Goals & Objectives: 1. Develop a series of coordinated enrichment activities which will occur during the fall and winter of 2010-11 and will promote the development of healthy lifestyles and self esteem among Zuni children. 2. Provide Zuni adolescents with empowering leadership opportunities that will promote their academic and personal development. 3. Further grow and strengthen the existing coalition of Zuni community partners working to promote the health of Zuni children.

Project Title: Puente Salud - Childhood Diabetes Management: ECHO Kids @ Taos Clinic for Children and Youth
City, State: Taos, NM
Year (start of the project): 2009; Planning Grant
Awardee: Sylvia Villarreal opus@taospeds.org

Program Description: Puente Salud (bridge to health) is a project of Enchanted Circle Health Outreach for Kids (ECHO Kids) and Taos Clinic for Children and Youth (TCCY). TCCY serves 95% of the pediatric needs in Taos County, NM. Together, these organizations developed and implemented a Medical Access Voucher program. ECHO Kids' mission, under the medical direction of TCCY, is to reduce acute care needs of children and teens in our community by ensuring access to

and coordination of preventative health programs for all youth in our community through: 1. Medical access vouchers for preventative pediatric and prenatal care for underserved youth 2. Service coordination with existing community programs for whole child health 3. Health education programs for children and their parents We are now expanding to Childhood Diabetes management, education, outreach and prevention. We intend to prepare a solid implementation plan for this next step in our programmatic development.

Projects Goals & Objectives: 1. Meet with all groups and programs in our service area to clearly identify services currently offered, number of clients served, and identify duplicate services. 2. Identify gaps in service surrounding diabetes education, prevention and management, as well as identify points for coordinated service management. 3. Develop a program plan for Puente Salud-Childhood Diabetes Management along with MOUs for participation where needed, along with sustainability and funding strategies.

Project Title: Wellness Warriors: Rehoboth McKinley Christian Health Care Services

City, State: Gallup, NM

Year (start of the project): 2008; Implementation Grant

Awardee: Gim Huat Tan, MD gimhuat@yahoo.com

Program Description: Wellness Warriors is for youth, ages 8-14, who are obese and at risk for developing diabetes. This year-long program will offer health and nutrition education, hands-on activities, cooking classes, healthy food choices, physical activities and family participation to help children develop healthy eating habits and increase physical activity, thereby improving overall health and reducing risk for diabetes and obesity-related illnesses. The project will include a week of summer camp, various group and family activities throughout the year and a Peer Educator Program where participants will give presentations at their schools on health-related topics.

Projects Goals & Objectives: 1. To complete and implement a solid plan for a year-long Wellness Warriors program that will include health and nutrition education, hands-on activities, healthy cooking classes, physical activities, week-long summer camp, family activities and a Peer educator program. 2. To establish pre- and post-assessment tools and tracking forms, to identify 25-50 participants, complete in-depth pre and post assessments with participants, track results to measure impact and success of the program. 3. To identify additional community partners and volunteers, establish solid partnerships and seek funding for Wellness Warriors 2009 and beyond.

Project Results/Outcomes: In order to introduce the children to a variety of physical activities, each session focused on different activities from bowling, roller skating, swimming, rock climbing, hiking, martial arts, weight lifting to various games and use of a fitness center in one of the school gyms. A dietician provided demonstrations on healthy eating and engaged the children in learning about what it means to make healthy diet choices. The snacks that the children ate were all healthy and in most cases the children helped prepare their own food and thus having hands on experience with cooking and fixing healthy meals and snacks. The leaders used the food preparation activity to teach the children about the nutritional value of different foods and how to substitute healthy ingredients for less healthy ones such as whole wheat flour instead of all white flour and the use of olive oil instead of butter or margarine. During Feb, March and April 2009 Wellness Warriors had their day-long events that took place on Saturdays offering physical activities as well as health education. One of the day-long events were led by students from Hope College, Holland, Michigan. The children were taught the importance of METs (metabolic equivalent tasks) related to exercise and were given notebooks to calculate their weekly MET rate. They also learned about the importance of warm-ups, stretching and safety with weight training in a gym program. Children were given the opportunity to try different weight machines and learn how to use cardio equipment for warm-up activities. The children were also taught the importance of starting the day off with a healthy breakfast, the national physical fitness guidelines, diabetes prevention, reading labels. The children were introduced to the mypyramid.com website and were showed the various activities they could do on the website to learn about nutrition and specific nutrition guidelines. Peer Education: The children worked together on designing and then producing a magnet that gave information on the food pyramid juxtapositioned on Pyramid Peak, one of the local hikes the kids enjoyed. The magnets were given out at a local children's health fair where there were over 1500 children and their families in attendance. By far the majority of the children at the health fair were Native American, many of them living on the nearby Navajo Nation reservation. Wellness Warriors finished up the year with 4 sessions of cooking classes by Kitchen Creations. Kitchen Creations is a program developed by the New Mexico Department of Health and is designed to be a Cooking School for people with diabetes and their families. The goals of Kitchen Creations are to: -Increase knowledge of healthy food choices and meal planning for people with diabetes -Present healthy versions of familiar foods -Introduce new foods that are economical and easy to prepare -Provides hands-on opportunities to learn cooking techniques that use new or more healthy ingredients -Encourage healthier food choices by preparing and tasting healthy foods -Provide opportunities for participants to share and learn from one another -Demonstrate the potential of the extension service to provide basic diabetes education in partnership with diabetes health professionals The children educated each other on what had happened at previous meetings, thus engaging in peer education at this level. Some of the kids were able to teach some of the newer participants how to read nutrition labels or explain serving sizes.

Barriers Encountered: Collaborations: Challenge: Most of the physicians were too involved in direct patient care
Address: Reminding them and their nurses.

Operations: Challenge: We were unable to keep some of the qualified staffs. **Address:** We are in the process of recruiting and training more personnel

Staffing: Challenge: We do not have enough qualified personnel even if we have the funding to do so. **Address:** We are in process of recruiting more health care providers.

Evaluation/Data Collection: Challenge: Not enough qualified personnel **Address:** WE have to prioritize our goals. Also, It was different to get participation from month to month, making continuity difficult. Despite calling and reminding the children of upcoming Wellness Warriors meetings, we never knew who would show up. This is a symptom of some of the cultural and transportation barriers present in trying to establish a successful program with Native American children, many of whom live on the reservation. These challenges made it difficult to measure whether or not here was any significant change in behavior and lifestyle or even in choices.

Sustainability / Future Plans: The hospital and the community understand that prevention of obesity is better and more effective than treatment of obesity related medical issues. The hospital, RMCH, has agreed to fund a short annual event, e.g. 1 - 2 days "Health camp" to highlight the dangers of obesity in children. If the program is to continue, it would be far better to have part-time person coordinate the program and to work more closely with the physicians for referrals.

Project Title: Zuni Youth Enrichment Project: Zuni Comprehensive Community Health Center

City, State: Zuni, NM

Year (start of the project): 2008; Planning Grant

Awardee: Thomas Faber, MD, MHP Thomas.faber@ihs.gov

Program Description: The Zuni Pueblo is a rural, traditional Native American community where 45% of families with children live in poverty. Over half of Zuni children are overweight or obese, thus contributing to an epidemic of adult diabetes with a prevalence three times the national average. Compounding these challenges is a lack of summertime activities for children that could ameliorate these devastating health problems. The Zuni Youth Enrichment Project will develop a coalition of community members and parents for the purpose of planning an enriching summer program for children aged 6-10. This program will consist of physical and social activities that will promote healthy lifestyles, specifically addressing physical fitness and nutrition. Likely project components include a sports program, swimming instruction, and library-based educational activities. The CATCH Grant will be used to facilitate the formation of a community coalition, plan project activities, and develop grant applications to fund implementation of the summer project.

Projects Goals & Objectives: 1. Build a coalition of community members and organizations dedicated to addressing the problem of childhood obesity in the Zuni Pueblo 2. Plan a fun and enriching annual summer program for Zuni children aged 6-10 that will focus on physical activity and nutritional education, involving three to four core component activities 3. Identify sources of funding to support the project through grant identification and applications

Project Title: Autism Outreach for Rural Home Visitors: UNM Children's Hospital

City, State: Albuquerque, NM

Year (start of the project): 2008; Resident Grant

Awardee: Matthew Carter, MD macarter@salud.unm.edu

Program Description: Autism affects nearly 1 in 150 children. However, between Autism's subjective nature and the current practice of short office visits a diagnosis & intervention is often delayed for many autistic children. One of the great advantages of home visitation programs is the amount of time home visitors spend with the child each week. Through a rural outreach program, my hope is to educate home visitors, therapists, and nurses in rural New Mexico on how to detect, suspect, and refer for Autism. This will be accomplished by hosting Autism educational seminars in each of the rural counties where the New Mexico First Born Home Visitation Program is currently operational. Objectives for the seminars will include; defining autism, signs & symptoms of autism, awareness of support services, and how to emotionally support affected families. With education and the incorporation of home visitors into the health safety net, we can avoid losing precious time before the next autistic child begins therapeutic and life changing intervention.

Projects Goals & Objectives: 1. To promote early detection of Autism and Pervasive Developmental Disorders through education and awareness. 2. To Identify and promote resource availability and utilization. 3. To offer hope and support to affected families.

Project Title: Familias Fuertes: The Endorphin Power Company, 509 Cardenas SE, Albuquerque, NM 87108
City, State: Albuquerque, NM
Year (start of the project): 2008; Resident Grant
Awardee: Oni Guha (OGuha@salud.unm.edu)

Program Description: The goal of Familias Fuertes is to promote healthy living choices involving physical activity, nutritional food, and utilization of health resources by families in Southeast Heights, an impoverished Hispanic immigrant community in Albuquerque at an increased risk of childhood obesity. Familias Fuertes will engage community members to tailor a fitness program involving exercise, nutrition, and health education to families' health desires and needs. By creating a program for women and children to exercise and prepare food together, children can model parent's healthy behavior. Program development will consist of three phases, including (1) focus groups with community members, (2) collaboration with community organizations and professionals for physical, nutritional, and health curriculum development, and (3) implementation of a pilot program with a small group of families in Southeast Heights. Collaboration with case managers will address families' needs for food security, children's medical insurance, and a medical home.

Projects Goals & Objectives: 1. Build a coalition of community families, organizations, and professionals to develop a family-centered exercise, health, and nutrition curriculum based on SE Heights community assets and needs. 2. Recruit families and professional students to participate and implement a three month pilot program. 3. Analyze and adjust implementation of the pilot project to lay the foundation for a sustainable family fitness program in Southeast Heights

Project Title: ECHO For Kids Medical Access Vouchers: Enchanted Circle Health Outreach for Kids, Inc.
City, State: Taos, NM
Year (start of the project): 2007; Implementation Grant
Awardee: Jonathan Gilbert, MD jmg@taospeds.org

Program Description: ECHO Kids is working in collaboration with "The Kids Health Initiative," a new community-based partnership located in Taos, New Mexico that improves health and wellness of at-risk children without access to care. ECHO Kids will coordinate referral services in partnership with pediatricians, healthcare providers, and support services professionals using an "access to care voucher system," which serves our target population's diverse needs. Through this grant, ECHO Kids will collaborate to create the coordinated system, termed "clinic without walls." Implementation activities will include developing a lay health advocate case management model, including a referral and tracking system.

Projects Goals & Objectives: 1) Create the public information/awareness brochures/flyers announcing the program; 2) Coordinate with the Income Support Division to have a means of contacting those families who don't qualify for Medicaid; 3) Begin issuing vouchers for pediatric well child care and basic sick child care.

Project Results/Outcomes: A large part of this implementation was to create policy surrounding the idea of Medical Access Vouchers, and to create relationships with participating providers to accept them. We found that many of the folks receiving referrals needed prenatal care rather than pediatric care. Also, we found that about 80% of our users do not have citizenship and will never qualify for any state-based coverage. The other 20% in many cases did not know that they qualified for Medicaid, or had never made application, and we helped with that process. We have also participated in becoming Medicaid Determiners in order to assist with that process. Our data collection was via a spreadsheet tracking basic information as we assisted clients. We wrote 5 grants and received 2 to continue with the voucher funding into 2009.

Barriers Encountered: Design Just in developing policy and not re-inventing the wheel - following income guidelines already established by the state. Funding Continuing to get money for the vouchers themselves is a challenge. Evaluation/Data Collection Need a better tool than a spreadsheet. Now working with the Paso a Paso. Network on shared data and electronic family health records for improved referrals and statistics.

Sustainability / Future Plans: Funding applications through 2008 were submitted to Con Alma (2 cycles) Taos Community Foundation, McCune, Wal-Mart and collaboration on the Rural Health Network Development. Wal-Mart funded for the voucher program at \$15K. McCune funded for a Web-based resource directory for program accessibility at \$10K. The Rural Health Network was funded also, and is a collaboration of 7 lead agencies in our area who all focus on serving the early childhood development needs. We are still struggling with the direct service support for vouchers themselves.

Project Title: Hornet Health: Highland High's Health Column
City, State: Albuquerque, NM
Year (start of the project): 2007;
Awardee: Christopher Fink, MD, MPH cfink@salud.unm.edu

Program Description: A monthly health column will be written by journalism students for the newspaper of the most disadvantaged high school district in Albuquerque, New Mexico. Topics will follow questions from students in the school's compulsory health education class. A second-year pediatric resident will advise the journalism students in selecting their topics, contacting appropriate individuals to interview, and interpreting AAP guidelines and relevant evidence. It is hoped anticipatory guidance written by teens will resonate more naturally for their peer audience, and the active process of writing these articles will self-educate the journalism students more deeply than traditional anticipatory guidance.

Projects Goals & Objectives: 1. Facilitate development of ownership of anticipatory guidance topics by journalism students through conducting interviews of experts as well as individuals affected by the topic matter, learning about local resources, and a summary of what the AAP guidelines and evidence is around their chosen topic. 2. Provide accessible peer-written informative discussion of anticipatory guidance topics in a bilingual well-read monthly periodical to at-risk and hard-to-reach teens. The goal of these articles is to motivate the entire student body of Highland High School to make more healthy choices and to seek assistance from the resources that are available to them. 3. Provide access to teen health and advocacy resources.

Project Title: Filling the Dental Services Gap: University of New Mexico Children's Hospital

City, State: Albuquerque, NM

Year (start of the project): 2006; Resident Grant

Awardee: Alma Chavez, MD apena@salud.unm.edu

Program Description: Children on Medicaid or with no insurance suffer a disproportionate amount of dental caries, especially in their early years. Pediatricians begin to see these children starting very soon after birth; therefore can play a vital role in their oral health. In New Mexico, there are only a limited number of dentists that will see children on Medicaid or with no insurance. In the planning phase, the project involves networking with community oral health practitioners as well as assessing the need and feasibility for strategies that will improve primary oral healthcare provided by resident pediatricians.

Projects Goals & Objectives: 1. Network with current community oral health leaders to help delineate how to best establish an oral health home for the target population; 2. Assess the available oral health care providers in the community that our target population can be referred to and create a list of these to provide to residents in continuity clinic; and 3. Develop a survey for residents to determine which aspects of oral healthcare are most needed in the residency program and then evaluate the feasibility of residents applying fluoride varnish during continuity clinic visits.

Project Title: Healing Hands Day Care

City, State: Roswell, NM

Year (start of the project): 2005; Implementation Grant

Awardee: Scott W. McMahon, MD docscott@rt66.com

Program Description: We propose collaborating with a daycare to specifically care for acutely ill children of working parents and offer various types of parent and daycare worker education. We hope to make the standard daycare a healthier place, help break the cycle of poverty by enabling parents to retain jobs, and impact the high level of repeat teen pregnancy.

Projects Goals & Objectives: The overall goal is to decrease communication of disease within local daycare and help break the cycle of poverty by providing all day high quality medical care to acutely ill children who regularly attend daycare. Our objectives include: 1) Affordable daycare for acutely ill children; 2) Parenting education; 3) Teen pregnancy prevention; 4) Wellness training; 5) Decrease of daycare-spread disease; and 6) Retention of jobs lost secondarily to frequent parental absence.

Project Title: The Learning Center: Covenant Care Pediatrics

City, State: Roswell, NM

Year (start of the project): 2005; Planning Grant

Awardee: Scott McMahon, MD docscott@rt66.com

Program Description: Roswell is a city with little opportunity for the under-educated, homeless, and those in the cycle of poverty. We propose to develop a broad-based multi-phased community learning center reaching out to the children and teens of Roswell. Our goals include 1) wellness, nutrition, and fitness education, 2) Dyslexia training, 3) parenting and fathering training, 4) mentoring, 5) teen pregnancy prevention, 6) smoking cessation, 7) obesity prevention, 8) tutoring, 9) promotion of health careers, 10) job skills training. We expect to impact the high level of teen pregnancy and high school dropping out and to empower young people to break the cycle of poverty for themselves and their children.

Projects Goals & Objectives: The goal of the project is to empower children and their families to break the cycle of poverty and poor health by educating them in healthy eating and fitness habits, empowering them to succeed in school, delaying parenthood for some while better preparing those already with children for the parenting tasks ahead and pointing them in the direction of rewarding and financially beneficial careers.

Project Title: Bicycle Program - Zia Pueblo, New Mexico: Albuquerque Indian Hospital
City, State: Albuquerque, NM
Year (start of the project): 2005; Resident Grant
Awardee: Galen Barnes, MD gbarnes@salud.unm.edu

Program Description: The Bicycle Program - Zia Pueblo, New Mexico will promote physical fitness and a healthy lifestyle among youth through bicycle riding, reduce the incidence of obesity and build skills to foster the personal growth of youth through community-oriented recreational and educational bicycle programs. These projects outcomes will be carried out through providing bicycles and helmets, creating a bicycle trail system, and organizing bicycle rides on the pueblo preceded by a lecture on health and nutrition. The basics of bicycle maintenance will be taught and bicycle skills/safety will be learned through bicycle rodeos.

Projects Goals & Objectives: The overall goals of this program are to promote physical fitness and a healthy lifestyle among children and adolescents in an impoverished community in which physical fitness is not emphasized. The program will bring the

joy of riding a bicycle into children's lives and will hopefully allow them to enjoy being active, embrace a healthy lifestyle and reduce their risk of becoming obese adults.

Project Title: Better Medical Homes for Special Children: Lovelace Pediatrics
City, State: Albuquerque, NM
Year (start of the project): 2004; Implementation Grant
Awardee: Lance Chilton, MD lancekathy@gmail.com

Program Description: CSHCN suffer from lack of access to services; their families from emotional consequences of dealing with their children's problems, lack of certainty regarding services needed and how to obtain them, and doubt that their children will receive excellent services on transition to adult care. We will address these quandaries: 1) lack of access, by facilitating referrals and providing knowledge on appropriate services, 2) lack of advocacy skills, by teaching families child advocacy, 3) emotional problems, by providing mental health resources, providing training for pediatricians on recognizing these problems, and 4) uncertain adult care, by smoothing transition to adult care.

Projects Goals & Objectives: The goals of this project are: 1) Create an advisory group of advocates for CSHCN and hold monthly meetings, 2) Develop a model for special needs case management, associated costs, and an evaluation system, 3) Identify assessment tools for (a) enrollment into case management; (b) continuing need; (c) satisfaction with program and/or health care system by families; and (d) satisfaction with program by pediatric staff, 4) Test assessment tools, and 5) Write a grant for funding for further implementation and evaluation of case management program for CSHCN.

Project Title: Linking Children with Hearing Loss to the Medical Home: Deaf Access Program/University of New Mexico School of Medicine-Department of Pediatrics
City, State: Albuquerque, NM
Year (start of the project): 2002; Planning Grant
Awardee: Julie Hecht, MD jhect@salud.unm.edu

Program Description: In 2000, the AAP adopted the Joint Committee on Infant Hearing's "Principles and Guidelines for Early Hearing Detection and Intervention (EHDI) Program." In New Mexico, the EHDI program falls far short of the committee's recommended benchmarks for early diagnosis of hearing loss and intervention. This project seeks to identify the barriers to a successful EHDI program from a variety of community perspectives. Moreover, it will recommend methods for overcoming these barriers based on the incorporation of the medical home in the EHDI process

Projects Goals & Objectives: The goals of this project are: 1) To design a survey assessing the current status of medical home in EHDI program, 2) To distribute a survey to pilot physician practices, 3) To analyze the survey data, 4) To facilitate focus group meetings to address barriers from various community perspectives, 5) To prepare a report of findings and recommendations, and 6) To present the report to participants and stakeholders.

Project Title: Infants of Teen-Parents: Improving Access to Care: UNM Department of Pediatrics
City, State: Albuquerque, NM
Year (start of the project): 2002; Resident Grant
Awardee: Amy Stapes, MD aotten@aaludunm.edu

Program Description: New Futures School is an alternative school in Albuquerque, NM, for pregnant and parenting teenage women. The school has an enrollment of about 300 students and child care for approximately 110 of their children, ranging in age from 2 weeks to 3 years. The students at New Futures miss 15 to 20 school days per year for well-baby appointments and vaccinations. We propose to create an on-site, well-child clinic staffed by residents from the University of New Mexico Department of Pediatrics to provide routine well-child checks, vaccinations, and anticipatory guidance. This grant will be used to assess the needs and wants of the target population and to secure future funding to implement the clinic.

Projects Goals & Objectives: The goals of this project are: 1) To assess the perceived needs and patterns of seeking health care of the teenage mothers at New Futures, and 2) To secure additional funding in order to pay for supplies, staff, and other clinic expenses. The objectives of this project are: 1) To produce, distribute and collect a needs assessment survey, 2) To conduct focus groups, 3) To design and distribute information booklets, 4) To apply for further funding, and 5) To open the clinic.

Project Title: Parents as Teachers & Partners to Improve Pediatric Care: Rehoboth McKinley Christian Health Care Services/College Clinic/Gallup McKinley County Schools
City, State: Gallup, NM
Year (start of the project): 2001; Planning Grant
Awardee: Mary Poel, MD mpoel@rmchcs.org

Program Description: The Parents as Teachers & Partners Program is a collaborative effort between Rehoboth McKinley Christian Health Care Services pediatricians and the Gallup McKinley County Schools early childhood educators. In McKinley County, New Mexico, 71% of the children are coming to kindergarten up to 2 years delayed in their receptive language readiness, and 75% are up to 2 years delayed in their expressive language. In order to help these children, assessment data must be collected and the key community leaders and agencies must be informed of the critical importance of early childhood intervention in this county. This partnership leverages resources to help break the cycle of poverty so children can be healthy and ready to learn as they reach school age.

Projects Goals & Objectives: The goals of this project are: 1) To gather solid data to establish current performance levels of children as they enter school in Kindergarten in order to provide critical baselines for the Parents As Teachers Program, 2) To produce mediated materials to empower Parents As Teachers to educate and inform the key stakeholders of the problems with early childhood development in McKinley County, 3) To plan, produce and evaluate a community forum, and 4) To educate community leaders, health professionals, educators, political leaders and parents of the importance of early childhood development by utilizing key performance data, as gathered above, case studies and medical research.

Project Title: The SEAD (Support, Empowerment, Advocacy, and Doulas) Project: Community Health Workers Association
City, State: Albuquerque, NM
Year (start of the project): 2000; Planning Grant
Awardee: Lance Chilton, MD lancekathy@gmail.com

Program Description: S.E.A.D.-Support, Empowerment, Advocacy and Doulas is a dynamic collaborative among community residents, health and social services agencies and providers who serve pregnant/parenting women with limited English skills and their children in the Southeast Heights (SEH) area of Albuquerque, New Mexico. The mission of S.E.A.D is to increase access to quality health care among limited English speaking (LES) pregnant and parenting Vietnamese and Hispanic women (including teens), and their children. SEAD was established in 1999 in response to needs expressed by LES women for quality medical interpreting, culturally competent health information and emotional support during pregnancy, labor and delivery. Doulas (birthing assistants) in the S.E.A.D Program are bilingual and bicultural community women who have been trained as both doulas-birth assistants and medical interpreters. S.E.A.D doulas bridge the cultural and linguistic gulf between the health care system and the people most in need of services. The doulas advocate for clients and assist with infant care, breastfeeding and family planning issues in a culturally appropriate manner. Doulas link LES women and their infants to comprehensive health care services including prenatal and postpartum care, early parenting, breastfeeding support, family planning, and social service referrals. S.E.A.D bilingual doulas-interpreters meet women early on in pregnancy and continue to support them until 3 months after childbirth. Project objectives include: 1) improving birth outcomes and breastfeeding rates among women with limited English skills, 2) empowering community women to improve

their own health and the health of their children, and 3) increasing the capacity of hospitals and health systems to have multi-lingual and multi-cultural services available for women before, during and after childbirth.

Projects Goals & Objectives: The goal of this program is to improve the health of LEP women and their children through a participatory approach involving the community itself.
